

Activity: Abraham - God's Promise



FAMILY TIME
TRAINING

Teaching Goal: God is trustworthy.

Scriptures: Genesis 15:5 He took him outside and said, "Look up at the heavens and count the stars- if indeed you can count them." Then he said to him, "So shall your offspring be."

Genesis: 13:16 I will make your offspring like the dust of the earth.

Materials: Paper and markers
Dark night to look at stars, telescope, or planetarium

- I. Play theme song
- II. Pray
- III. Review last lesson
- IV. Lesson and discussion

Words written in **bold** are when the leader is speaking. Feel free to use your own words.

A. **ACTIVITY #1:** Draw a timeline starting from birth to 100 years. Divide the timeline into three sections:

1. Girls who are too young to have babies
2. Girls who can have babies
3. Women who are too old to have babies

Talk about girls, younger and older women whom the kids know. Ask the kids if those women are too young, too old, or can still have babies. Write their names on the timeline.

Abraham's wife Sarah was too old to have a baby, but God promised Abraham that he was going to have a son. God told Abraham to go outside and count the stars. There are more stars than anyone can count. People who study the stars find new stars all the time. God told Abraham that he would have a family larger than the number of stars! Invite a volunteer to read Genesis 15:5. **For this promise to come true, Abraham and his wife who was 90+ years old...too old to have a baby...would need a miracle.**

More years passed and Sarah was around 100 years old, which is way past the years she was supposed to be able to have children. Point out where Sarah would be on the timeline. What is impossible for man is still possible for God. God blessed Abraham and Sarah with a miracle, and they had a baby boy named Isaac. God can be trusted to do what he says he will do. He is trustworthy. God wants us to trust him. God can do the impossible.

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B. ACTIVITY #2: Draw stars by numbering five dots that represent the points of stars. When the kids connect the numbers, they make a star. If the kids like to color, then allow them to color in the stars. We made the stars on a piece of paper, which we turned into thank you notes for our friend who let us use his telescope later in the evening.

C. ACTIVITY #3: Sing the action song, "Father Abraham." We did it twice at home and then repeated the song as we drove back and forth to our friend's house to look through a telescope.

D. ACTIVITY #4: Go outside to look at the stars in the sky. Talk about how many stars there are. Try to count as many as you can. Or, use a telescope to look at stars. Or visit a planetarium.

Abraham's son Isaac had two boys named Esau and Jacob. Abraham was the grandfather of Esau and Jacob. God changed Jacob's name to Israel. The nation of Israel, which still exists today, came from the 12 great grandsons of Abraham. Millions of Israelites descended from Abraham...like the stars in the sky.

V. Memorize:

**God's promises are true,
He will do what he says he will do.**

VI. Close in Prayer

VII. Pass It On: Make an extra copy of this lesson and *pass it on* to another family.